

# Sources about porn and sex education

## BOOKS:

- "Your Brain On Porn" - by Gary Wilson
- "Girls and Sex" - by Peggy Orenstein (issues females are facing on college campuses now that our culture has been "pornified")
- "Father-Son Accountability" - by John & Lucas Fort
- "What's the Big Deal About Pornography?" - by Jill Manning, PhD
- "Good Pictures Bad Pictures" and "Good Pictures Bad Pictures, Jr" - by Kristen Jenson & Gail Poyner (great for introducing the topic of internet porn safety to young children)
- "30 Days of Sex Talks" - by Educate Empower Kids
- "It's Perfectly Normal" - by Robie Harris and Michael Emberley
- "The Beginner's Guide to the Sexual Universe" - by Dr. Elizabeth Motyka – great book for young women to learn about their bodies

## WEBSITES/ONLINE:

- [ftnd.org](http://ftnd.org) (very good website all about the effects of porn)
- [culturereframed.org](http://culturereframed.org) – Gail Dines, PhD (the queen of the anti-porn movement)
- "Why I Stopped Watching Porn" - Ted Talk by Ran Gavrielli
- "Hot Girls Wanted" - documentary on Netflix about the "best case scenario" of young women volunteering to engage in the production of pornography (not to be confused by a more recent series of a similar name) – not recommended for those under 16
- Huffington Post porn statistics – 5/4/13 article
- "The Great Porn Experiment" - Ted Talk by Gary Wilson
- [covenanteyes.com](http://covenanteyes.com)

## WEBSITES/ONLINE, cont'd:

- “A Letter to My Son About Porn” - by Harriet Pawson
- “The Mask You Live In” - documentary on Netflix about hyper-masculinity vs. healthy masculinity
- “Misrepresentation” - documentary on Netflix about how women have been objectified and sexualized in the media to an extreme
- “Over 18” - soon to be widely released (AMAZING!) documentary on the effects of pornography on children, teens and society in general - not recommended for those under 16
- [www.educateempowerkids.org](http://www.educateempowerkids.org) – great website as a resource for talking to kids about internet porn
- Circle, by Disney – device that manages what sites each person in your home can access and for how long/what hours, even the ability to shut down internet access by device or the whole household
- Kids Wifi – a device that filters, monitors and controls all your kids online devices, from tablets to computers to game consoles — even devices brought by visiting friends. Just plug in and protect! KidsWifi can filter adult and mature content, social networks, gambling, ads, identity trackers, Google searches, YouTube videos, and more.