

# **TRACEY N. TURNER-KEYSER, MA, BC-DMT, LPC-S**

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## **EDUCATION**

**M.A. COUNSELING PSYCHOLOGY AND DANCE MOVEMENT THERAPY, 1991.** Antioch/New England Graduate School, Keene, New Hampshire. Thesis: Dance Movement Therapy in Conjunction with Storytelling as a Healing Modality for Female Perpetrators.

**B.A. PSYCHOLOGY AND DANCE MOVEMENT THERAPY, 1986.** Hampshire College, Amherst, MA.

## **LICENSURE**

NC LPC# S 4468 BC-DMT-682

## **SPECIALIZED EDUCATION**

**YOGA FOR ATHLETES CERTIFICATION.** 2014 – Present.

**YOGA TEACHER TRAINING.** September 2008 – May 2009  
In depth yoga study and teacher training program. 250 hrs (500 hrs in progress)

**THE SCHOOL FOR BODY MIND CENTERING.** July 2009 - October 2011  
Infant Developmental Movement Educator.

**EMDR Training (Eye Movement Desensitization and Reprocessing) Level I, 2000. Level II 2001.**

**THE RESOURCE CENTER,** Newland, N.C. January 1998-January 1999. Intensive training program for treating and assessing children and families with mal attachment.

**ADVANCE EDUCATION FOR MEDIATORS,** 1997. Dispute Settlement Center, Chatham County, Pittsboro, N.C.

**ADVANCED EDUCATION FOR PSYCHOTHERAPEUTIC EDUCATORS TO LEAD CULTURAL DIVERSITY WORKSHOPS,** 1996. National Coalition Building Institute, Washington, D.C.

**ADVANCED EDUCATION FOR PSYCHOTHERAPEUTIC EDUCATORS IN G.A.P.S (Guidelines for Adolescent Preventive Services) 1996.**

## **SPECIALTY SERVICES and TECHNIQUES**

- Services: Evaluations, Individual and Family Psychotherapy, Couples Therapy, Parent

Training, Seminars, Workshops, Staff Trainings

- Specialty Areas: Complex Trauma, PTSD, Conduct Disorders, Child Abuse, Reactive Attachment Disorder, Sexually Reactive/Aggressive, Stress-related Problems, Spirituality
- Target Populations: Children, Adolescents, Adults, Military Personnel and Families
- Psychotherapeutic Techniques: Developmental Movement Patterns, Therapeutic Yoga, Movement Therapy, EMDR, DBT, Reality Therapy, Developmental Play Therapy, Psychodynamic, Roll Playing/Storytelling, Social Skills Training, Family Systems, Parent Training, Native American-based Ceremony

## **EMPLOYMENT**

- **FULL CIRCLE FAMILY COUNSELING, PLLC, Pittsboro, NC.** Jan 2013 – Present.  
Clinical Director and LPC-S supervisor (Owner Operator)
  - Founder
  - Responsible for staff training, consultations, presentations and assessments.
  - Provide therapy for individuals, groups and families.
  - Treating complex trauma in military personnel and families.
- **TURN-KEY FAMILY THERAPY RESEARCH CENTER, Pittsboro, N.C.** January 2005-2012. Clinical Director and LPC-S supervisor 2011
  - Founder
  - Responsible for staff training, consultations, presentations and assessments.
  - Provide therapy for individuals, groups and families.
  - Provide therapy for high risk/adopted/foster care, children with mal attachment, sexually reactive children.
- **TURNER FAMILY THERAPY SERVICES, Siler City, N.C.** January 1994- December 2004.
  - Founder
  - Responsible for staff training, consultations, presentations and assessments.
  - Provide therapy for individuals, groups and families.
  - Provide therapy for high risk/adopted/foster care, children with mal attachment, sexually reactive children.
- **JORDAN INSTITUTE FOR FAMILIES/UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL SCHOOL OF SOCIAL WORK, September, 1999 to October, 2001.**
  - Consultant to teach introduction to child sexual abuse: six-day training for Department of Social Services.
  - Consultant to teach child development: two-day training for Department of Social Services.
  - Consultant to teach separation and loss: two-day training for Department of Social Services.
- **TEENWORKS TEEN CENTER, Siler City, N.C.** July, 1997-August, 1998.
  - Director and health educator for teen center for youth 13 to 18, under the auspices of the

North Carolina Adolescent Pregnancy Prevention Program

- **CHATHAM COUNTY HEALTH DEPARTMENT**, Pittsboro, N.C. August, 1998-August, 1999.
  - Maternal Health Coordinator for the Chatham County.
  - Child Services Coordinator for Chatham County.
  
- **SAGE ACADEMY ALTERNATIVE HIGH SCHOOL**, Siler City, N.C. August, 1997-August, 1999.
  - Instructor in mental health sciences.
  
- **CHATHAM COUNTY HEALTH DEPARTMENT**, Pittsboro, N.C. July, 1995-August, 1997.
  - Social Worker II for student health center at Horton Middle School.
  - Sexuality counseling, counseling for Aat risk@ students, individual, group, and classroom for the student.
  
- **WELLNESS CENTER, PRIVATE PRACTICE**, Pittsboro, N.C. October, 1994-July, 1995.
  - Organized and led psycho-educational groups for women, children, adolescents and families and groups.
  - Provide therapy for individuals, families and groups.
  - Practice included assessments, evaluations and consulting for females, adolescent, and child sexual abuse victims and/or offenders.
  
- **TURNER AND TURNER, PRIVATE PRACTICE**, Northampton, MA. October, 1990-August, 1994.
  - Practice focusing on Dance Movement Therapy for female sexual offense victims, sex offenders, individual and family work children, adolescents, and adults. Research for book.
  
- **CROSSROADS**, Holyoke, MA. July, 1990-July, 1993.
  - Dance Movement Therapist in psycho-social rehabilitation
  - Functioned as a therapist as well as project development director, including:
    - Establishing an expressive arts therapy component.
    - Lead dance movement therapy groups.
    - Supervised graduate and undergraduate expressive therapy interns.
  
- **YALE NEW HAVEN HOSPITAL/SAINT RAPHAEL DAY HOSPITAL**, New Haven, CT. Internship in dance movement therapy, January, 1990-August, 1990.

Responsibilities:

  - Led dance movement therapy groups for outpatients and inpatients.
  - Led individual family sessions.
  - Led weekly multi-family meetings.
  - Led creative therapy group for substance abuse victims, including adults, adolescents and children.

EXPERIMENT WITH TRAVEL, Springfield, MA. Residential treatment program for sexually-reactive latency aged and disturbed adolescent males.

THERAPIST July, 1989- July, 1990

Individual and family therapist for adolescent males and latency aged sex reactive males.

Led group therapy for sex reactive latency aged males.

Led group therapy for adolescent males.

Wrote and presented monthly individual service plans

CASE/HOUSE MANAGER July, 1988-August, 1989

Coordinated pilot program for latency aged sex reactive males

Created and implemented behavior modification level system for the program.

Supervised and trained all in-house staff.

Conducted staff meetings and staff training.

SHIFT SUPERVISOR July, 1986-July, 1988

## **PRESENTATIONS AND SEMINARS**

- The Warrior Trauma Brain: Neurophysiology and Movement Therapy, US Military Veterans Foundation Conference, 2015
- The Warrior Trauma Brain: Neurophysiology and Movement Therapy, LPCANC Conference, 2015
- Understanding the Trauma Brain, Body Mind Centering Conference, 2015
- Quantitative assessment of complex trauma treatment in adolescents. Fayetteville Family Life Center, 2012
- Complex Trauma in Children – Treatment and Neurophysiology. NCFAPA Conference, Mar 2011
- “Children in Crisis”, a workshop for professionals working with traumatized children, 2010
- ATTACH Conference, Richmond, VA, 2004, 2006, 2008

The following are general presentations written and held by Tracey Turner at various locations in the Mid-Atlantic region between 1999 and present. Additional details and particular dates and locations will be provided upon request.

- ***PARENTING BASICS ON ATTACHMENT.*** A seminar designed to instruct on parenting techniques, bonding and attachment issues, family problem solving and conflict resolution. General overview and methods, as well as an introduction to Dance Movement Therapy,

Storytelling and snuggling as therapeutic tools in these situations.

- ***RE-PARENTING HISTORY.*** A therapeutic eight-week class designed to understand how our experiences of being parented affect how we parent our children, relationships and life.
- ***PARENTING THE DIFFICULT CHILD.*** A seminar designed around the difficult child and the parenting needs of these children. Focus is on the developing of skills by the parent to help cope with anticipated problems.
- ***PROBLEMS AND SOLUTIONS FOR THE FEMALE PERPETRATOR.*** A two-day working seminar concerned with the particular problems of the female perpetrator, the identification, anticipation, and the resolution of these problems. In coordination with the National Institute of Mental Health.
- ***NATIONAL SEX OFFENDER CONFERENCE.*** A one-day seminar given in conjunction with the Sex Offender Program Action Committee.
- ***WORKING WITH FEMALE SEXUAL OFFENDERS.*** A one-day seminar focusing on identification and resolution of problems with the adolescent sex offender. Hosted by the Mecklenburg County Committee Concerned about Adolescent Sex Offenders

## **MEMBERSHIPS**

American Dance Therapy Association 1993-ADTR-682 (1993-Present)  
ATTACH (1997-Present)

## **COMMITTEES**

Chatham County Coalition for Adolescent Health. Co-Chair

## **CERTIFICATIONS/TRAININGS**

- Academy of Dance Therapists Registered (1993-ADTR-682)
- Eye Movement Desensitization and Reprocessing (EMDR) Level I and Level II
- Diagnosing and Treating Children with Severe Attachment Disorders – 250 hours training (The Resource Center, P.A., Newland, NC 2001)
- Recognizing Anxiety in Children and Helping Them Heal – 6 CEU – Nov 2005
- Dialectical Behavior Therapy – 6.25 CEU – Nov 2005
- Pathways to Healing: The Role of Attachment in Families (Psycho-Educational Resources Inc. and ATTACH, Oct 2004)
- Mental Health Practitioner's Guide to Understanding and Treating the Brain in Clinical Practice (Institute for the Advancement of Human Behavior, Mar 2003)
- Healing Touch Level I, Level IIA, and Level IIB (Colorado Center for Healing Touch Inc., Nov 1998)
- Energetic Healing Parts I, II, and III (Colorado Center for Healing Touch Inc., Nov 1998)
- Phase-Oriented Treatment of Psychological Trauma (Harvard Medical School, Dec 2002)

- Violence in Children, Adolescence and Families (Harvard Medical School, Mar 1999)
- Understanding and Treating Reactive Attachment Disorder (Medical Educational Services Inc., Nov 2002)
- Novice Certification in Applied Non-Violence: Self Defense and Restraint (Springfield Area Department of Mental Health, Jan 1987)
- Diagnosis and Treatment of Attachment Disorder: Children who shock and surprise (University of Arizona, Jan 2002)
- Management and Prevention of Eating Disorders in Adolescents and Young Adults (Greensboro Area Health Education Center, Aug 1996)
- Brief Child Forensic Evaluation in Cases of Alleged Abuse (Wake AHEC, Oct 2001)
- Child Development in Families-at-Risk (UNC-CH and Jordan Institute for Families, Jan 2000)Advances in Preventing Childhood Aggression and Youth Violence (NC State University, Feb 1999)
- Cultural Diversity Training Initiative (NC Department of Environment, Dec 1995)
- GAPS National Training Program (American Medical Association and GAPS National Training Center, Apr 1996)

## **VOLUNTEER WORK**

**Head Girls Coach - Cross Country and Outdoor Track.** Northwood High School, Pittsboro, NC. 2014 – Present. Yoga, stretching, strength building exercises, and performance programs.

**Assistant Coach - Cross Country and Outdoor Track.** Northwood High School 2009 – 2014. Yoga, stretching, strength building exercises, and performance programs.

## **PUBLICATIONS**

- Turner-Keyser, Tracey and Keyser, David. Getting Therapized. In: Inner Change Magazine, [www.innerchangemag.com](http://www.innerchangemag.com), 2009.
- Turner-Keyser, Tracey and Keyser, David. Once Upon a Time. In: Inner Change Magazine, [www.innerchangemag.com](http://www.innerchangemag.com), 2009.
- Turner-Keyser, Tracey and Keyser, David. When the Child is a Stranger. In: Inner Change Magazine, [www.innerchangemag.com](http://www.innerchangemag.com), 2008.
- Turner, Tracey and Turner, Marcia. Female Adolescent Sexual Abusers: An Exploratory Study of Mother-Daughter Dynamics with Implications for Treatment. Safer Society Press, 1994.